## VIEW CURRENT CLASS SCHEDULE BY DOWNLO

*F!!!!!!* 

The NEW Maxx Fitness Clubzz app provides class schedules, social media platforms, creation of goals and participation in club challenges. Our app will also allow you to link many of the popular fitness tracking devices and fitness apps on the market. Available Free on iOS App Store or Google Play Store for Android.

## ΜΠΝΠΑΥ

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6:00AM	<b>MOVEIT</b> TEAM TRAINING* Kristen
8:00AM	<b>MOVEIT</b> TEAM TRAINING * Kristen
9:30AM	<b>EYELING</b> Kristen
10:30AM	ZUMBA Karen
5:30PM	<b>GALING</b> Greg
5:30PM	ZUMBA Karen
6:30PM	YOGA Jennifer

## UFSDAY

8:00AM **MOVEIT** TEAM TRAINING \* Kristen

9:30AM ZUMBA Karen

- LESMILLS BODYPUMP Karen 10:30AM
- LesMills 5:30PM **BODYCOMBAT** Karen

**MOVEIT** TEAM TRAINING\* Tyler 6:00PM

6:30PM ZUMBA Lisa G

## **MOVEIT** TEAM TRAINING \* Kristen 6:00AM **MOVEIT** TEAM TRAINING \* Kristen 8:00AM LesMills 9:00AM **BODYPUMP** Kristen 10:30AM PILATES Karen LesMills 5:30PM **BODYPUMP** Karen MAXX 5:30PM **CYCLING** Greg **RESIST-A-BALL** Donna 6:30PM

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**ETNESS APP** 

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THURSDAY MOVEIT 8:00AM TEAM TRAINING \* Kristen

TRAINING

**MOVEIT** TEAM TRAINING\* Kristen 6:00AM

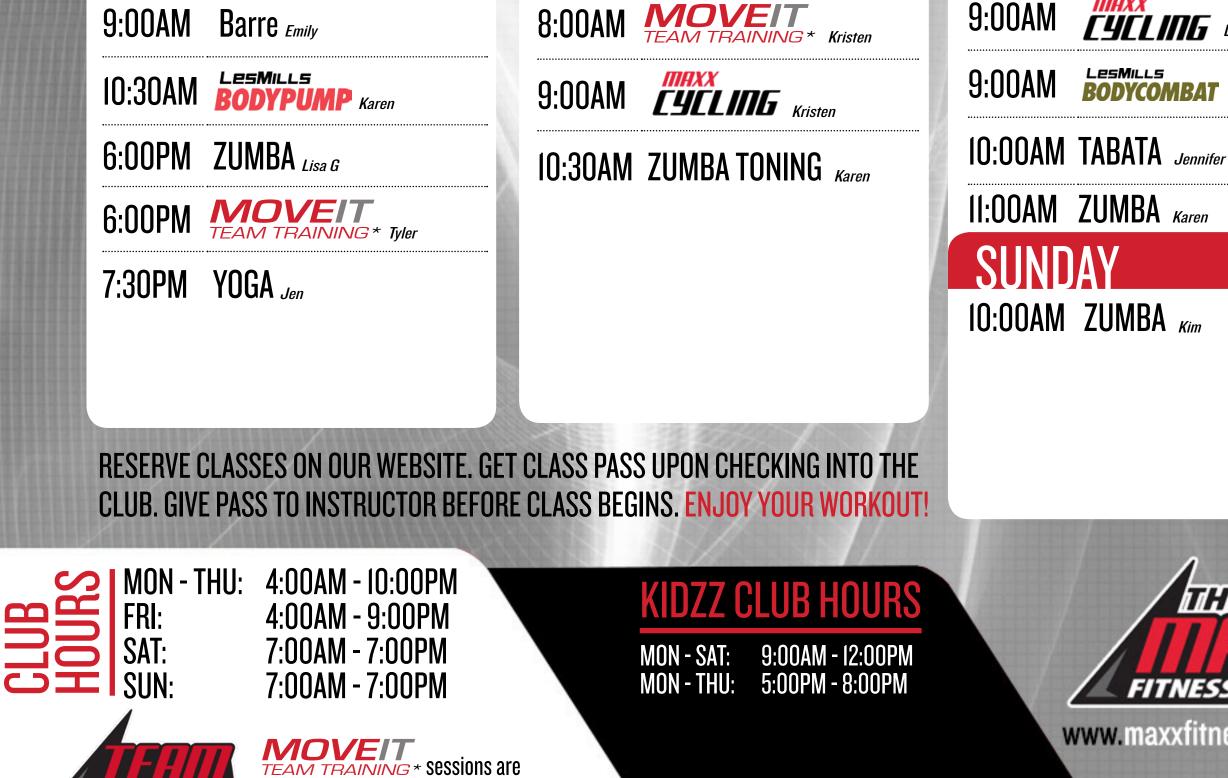
FRIDAY

MOVEIT 8:00AM TEAM TRAINING \* Tyler



LesMills

**BODYCOMBAT** Kristen



affordable and available to all members.

II:OOAM ZUMBA Karen 10:00AM ZUMBA Kim il i FITNESS CLUBZ www.maxxfitnessclubzz.com